

# Walk Worthy

(Ephesians 4:1-3)

Theme: We must live lives that glorify what God has done for us. We must Walk Worthy!

## Background of the Book:

Paul wrote this letter to the Ephesians while he was prisoner in Rome.

To strengthen and encourage the church of Ephesus and the churches in the area.

## Paul's message in chapters 1-3:

**1:3-14** = The wonderful blessings God has given us.

**1:15-23** = Paul prays for them to realize/grasp their position.

**2:1-10** = He wants them to ponder the significance of where they were (positionally) and where they are now.

**2:11-22** = Paul wants the Gentiles (non-Jews) to know that they have even more reason to rejoice because they came even further than the Jews.

**3:1** = Because of this ...

**3:2-9** = The reason that he has this knowledge about God is that God has given him special revelation.

**3:10-13** God gave Paul this new revelation because of His preordained plan.

**3:14-19** "Come on people... I hope you understand just how great this is!"

**3:19-20** = God's magnificence cannot be grasped in mere nouns and verbs

Now in **ch 4:1-3**, Paul explains the application of chapters 1-3.

*I, Therefore:* Because of Chapters 1-3...

*Prisoner:* "Because of all that God has done for me, I consider it my duty to do this."

*Beseech you:* "I beg/urge you to do this"

*Walk:* to live, to deport oneself, to be occupied with.

*Worthy:* the idea of balancing the scales.

Your *vocation* is your Calling or the place that God has put you,

He gives us 5 **ways** to walk worthy of our calling in verses 2 and 3. These 5 ways can very easily be split into **3 areas**:

I. **A Proper View of Self: Selflessness (v.2)**

A. **Lowliness** ("With all lowliness...")

A person's proper estimate of himself in relation to God and to others.

**B. Meekness** (“...and meekness...”)

Meekness has been defined as “power under control”

One of the best descriptions of meekness is, “Quiet Strength.”

**II. A Proper View of Others. (v.2b)**

**A. Long-suffering** (“...with longsuffering...”)

Longsuffering in this verse is speaking of patience.

to have a “long temper” in contrast to a short-fused temper.

**B. Forbearing with love.** (“...Forbearing one another in love...”)

Forbearance: “Putting up” with one another; to “lift up” one another.

**III. A Proper view of Unity. (v.3)**

*Endeavouring*: to make every effort; to push on with something urgently.

**A. What it is not**

This context is calling the Jews and Gentiles among those who were already believers, to become united in their faith. Not calling the many religions of the world to unite into one force!

**B. What it is.**

We are to unite with Bible-believing believers who are only focused only on the truth of the Bible in such a way that the world marvels.

**SO WHAT?**

- 1.Lowliness? Are you meek or humble in manner?
- 2.Meekness? Do you have a spirit that accepts God's dealing with him without arguing or resisting?
- 3.Longsuffering? Do you have a “long temper” *in contrast to a short-fused temper*.
- 4.Forebearance? Do you totally, fully, and lovingly accept others with all their weaknesses and faults?
- 5.Endeavouring? Do you make every effort; to keep the unity of the Spirit in the bond of peace. Is it your intense desire to be a peacemaker?

Like Paul urged and begged the Ephesians to do, we must walk worthy of our position!